

SANKALP-A PLEDGE TO CHANGE

A. Process map for successfully conducting Common Test every month across Sankalp centres

1. Drafting of question paper by 15 th of every month

Responsibility

Class 0,1,2 - Rahul Sunny

Class 3,4,5- Aparajita and girl volunteers

Class 6 -Rahul Nitish

Class 7 - Arnav Ashwini

Class 8 -Shubham Nitin Sunny

Class 9 -Rajesh Hemendra Monu

2. Sending paper in pdf format to Shivendra at shivendranit@gmail.com thru mail by 16-17 th

3. Shivendra will then mail the question papers to centre coordinators by 17-18 th

Responsibility

a. Aashiyana Centre –Ram,Rahul.Bhaskar

b. Imli Centre-Rajesh hemendra

c. Telco Centre-Manish

d. Jamui & Banka Centre-Shivendra

e. Dhanbad Centre-Smriti

f. Madhepura Centre-Navneet

g. Mohan Nagar-Dinesh & Shivam

h. NIT Centre- Rupal & Akanksha

i. MIG Centre- Shubham Mishra

4. Centre coordinators to hand over question paper for each class in printed form to teachers/volunteers who will then conduct the test

5. Centre coordinators and Shivendra will personally follow up with the teachers to conduct the test and send the marks thru centre coordinators by 25-26th

6. Marks to be sent to Aman,Sourav & Arnav for making centre wise score sheet in xl form by 28-29th

7. Sanjit, Yash & Deepak to update the marks student wise thru admin panel before month end

B. Process map for grouping of students into real and designated classes according to their academic levels

1. The exercise has to be carried out at all Sankalp centres

2. The primary reason is to identify and focus on children who have got promoted to senior classes without developing command over basics of previous classes

3. This exercise will be carried out at each centre once

4. As common test papers are made class wise , a student scoring less than 30% will be asked to take test of a class lower than of his own and further

5. Weakest subject for each class of that particular student is marked which is to be focused well.
6. The class for which he/she scores above 30% will be his designated class like a student studying in class 5 scores 10% in class 5 test , 25 % in class 4 test but scores 30% in class 3 exam will have Real class 5 but Designated class 3
7. All such students having different real & designated level will be grouped class wise and special class will be held on Sat / Sun as per the convenience of volunteers to scale up their level to that of their counterparts

B. Process map for conducting special classes focussed on physical education of adolescent girls enrolled at Sankalp Centres

1. Girl volunteers should go thru the material available on net on the following topics:
Negative and positive touch
 - Understanding their body when they reach puberty
 - Periods (since most of the girls in poor families use cloth and pads are not affordable, they were taught how to properly use cloth like regular washing drying etc)
 - Wearing proper innerwear's for girls reaching puberty
 - Self defense
 - Communicating their problems to ones parents
 - Talking about their personal issues like someone following trying on or getting physical
 - Right age to get married or have physical relationships
 - There are teachers in school who tries to misuse girls body in many ways which they should learn to identify
 - Comfortable and disgusting touch
 - Protected sex and about AIDS
 - Awareness towards cyber crime and misuse of personal videos and photos
2. Select one centre every month by 7th or first week of the month.
3. Girl Volunteers to talk to the centre coordinator and fix the session on the first Sunday after the first week.
4. Centre Coordinator should inform
 - a. All the girl students aged 10-15 at the centre
 - b. Teachers at the centre (only female) teacher should be present at the time of the session.
 - c. Mothers of girls aged 10-15 to be compulsorily present during the session
5. Girl Volunteers to carry with them sufficient material in the following form for proper dissemination of information and appropriate awareness of concerned girls and their mothers
 - a. Material in written form (book, magazine, journal etc.)
 - b. Videos in CD, Pen-drive etc and a laptop
 - c. Any other material deemed necessary and adequate for the session

6. Volunteers to especially focus on
 - a. Awareness level and gaps in understanding of basic hygiene and health
 - b. Focus on removing fear. Myths and superstitions in the mind of young girls
 - c. Remove the communication barrier between girls and mothers by asking them to talk to each other and also raise doubts and concerns
7. The session must be interactive and involve Q&A sessions to remove inhibitions and misconceptions about basic health and hygiene.
8. The session must at least be of 3 hours
9. After every session a note of all issues must be made by the girls volunteers to address in later sessions
 - a. Initial findings at the centre
 - b. Gaps identified
 - c. Steps to be taken in next sessions for improvement
 - d. Impact Report
10. The report must be sent to the President on Whatsapp after every such session.